



Traffic light category: **Amber**

Serves: **12**

## Ingredients

- 3 ripe bananas
- 4 Weet-Bix
- 250mL reduced fat milk
- 2 medium eggs
- 1/4 cup olive oil
- 1½ cups self raising flour, sifted
- 2 tbs honey

## Method

1. Preheat oven to 180°C, lightly grease a 12-hole muffin tray or line with paper patty cases
2. In a medium bowl, add bananas, Weet-Bix and milk, mix to combine. Set aside for 10 minutes to soften
3. In a large sized bowl add eggs, oil and honey whisk together. Add banana and Weet-Bix mixture, stir to combine.
4. Add flour and stir to combine
5. Spoon evenly into muffin tray
6. Bake for 25 minutes!

*Recipe adapted from taste.com.au*

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